

Day 3 Dublin Juvenile Indoor Championships 2019 – Saturday 9th February - Abbotstown

10.00 a.m

Girls & Boys 18 400m Heats
Girls & Boys 19 400m Heats

10.50 a.m

Girls & Boys 16 1500m Heats
Girls & Boys 17 1500m Heats
Girls & Boys 18 1500m Heats
Girls & Boys 19 1500m Heats

Long Jump

10.00 a.m. Girls (Pit 1) 12
Boys (Pit 2) 12
11.15 a.m Girls (Pit 1) 19
Boys (Pit 2) 19
12.15 p.m. Girls (Pit 1) 18
Boys (Pit 2) 18
1.15 p.m. Girls (Pit 1) 13
2.30 p.m. Boys (Pit 1) 13

**400m and 1500m Finals WILL BE HELD AT
HEAT TIME IF HEATS ARE NOT REQUIRED**

11.30 a.m

Girls & Boys 9 60m Heats (Dublin only competition)
Girls & Boys 10 60m Heats (Dublin only competition)
Girls & Boys 11 60m Heats (Dublin only competition)
Girls & Boys 12 60m Heats
Girls & Boys 13 60m Heats

Shot Putt

10.00 a.m. Boys 13 (2k)
11.15 a.m. Girls 13 (2k)

Followed by qtr/Semi/Finals in same order

1.30 p.m.

Finals of 400m (if any)

**NOTE: THERE WILL BE A 20 MINUTE
BREAK ON THE TRACK AFTER THE 400m**

High Jump

10.00 a.m. Girls (Mat 1) 13
Boys (Mat 2) 13
11.00 a.m. Girls (Mat 1) 14
Boys (Mat 2) 14
12.00 p.m. Girls (Mat 1) 12
Boys (Mat 2) 12
1.30 p.m. Boys (Mat 1) 19
2.30 p.m. Boys (Mat 1) 15

2.20 p.m.

Girls & Boys 16 – 19 1500m Walks
Girls & Boys 14 – 15 1000m Walks

3.20 p.m. (60m)

Girls & Boys 14 60m Heats
Girls & Boys 15 60m Heats
Girls & Boys 16 60m Heats
Girls & Boys 17 60m Heats
Girls & Boys 18 60m Heats
Girls & Boys 19 60m Heats

Followed by qtr/Semi/Finals in same order

5.30 p.m.

FINALS of 1500m (if any)

Day 4 Dublin Juvenile Indoor Championships 2019 – Sunday 10th February - Abbotstown

10.00 a.m.

Girls & Boys 16 200m heats
Girls & Boys 17 200m heats
Girls & Boys 18 200m heats
Girls & Boys 19 200m heats

11.15 a.m.

Girls & Boys 9 500m (On time, Dublin only competition)
Girls & Boys 10 500m (On time, Dublin only competition)
Girls & Boys 11 600m (On time, Dublin only competition)
Girls & Boys 12 600m
Girls & Boys 13 600m
Girls & Boys 14 800m
Girls & Boys 15 800m
Girls & Boys 16 800m
Girls & Boys 17 800m
Girls & Boys 18 800m
Girls & Boys 19 800m

200m/600m/800m FINALS WILL BE HELD AT HEAT TIME IF HEATS ARE NOT REQUIRED

NOTE: THERE WILL BE A 20 MINUTE BREAK ON THE TRACK AFTER THE 800m HEATS

2.00 p.m.

200m Finals

2.45 p.m.

Girls 13 60m Hur 2'3" Heats
Boys 13 60m Hur 2'3" Heats
Girls 14 60m Hur 2'3" Heats
Boys 14 60m Hur 2'6" Heats
Girls 15 60m Hur 2'6" Heats
Girls 16 60m Hur 2'6" Heats
Boys 15 60m Hur 2'9" Heats
Boys 16 60m Hur 2'9" Heats
Girls 17 60m Hur 2'6" Heats
Girls 18 60m Hur 2'6" Heats
Girls 19 60m Hur 2'9" Heats
Boys 17 60m Hur 3'0" Heats
Boys 18 60m Hur 3'0" Heats
Boys 19 60m Hur 3'3" Heats

FINALS HURDLES – Finals in any of the above will be held at heat times if heats are not required

4.45pm

600m/800m FINALS (if any)

Long Jump

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|------------|---------------|----|
| 10.00 a.m. | Girls (Pit 1) | 15 |
| | Boys (Pit 2) | 15 |
| 11.00 a.m. | Girls (Pit 1) | 16 |
| | Boys (Pit 2) | 16 |
| 12.00 p.m. | Girls (Pit 1) | 17 |
| | Boys (Pit 2) | 17 |
| 1.30 p.m. | Girls (Pit 1) | 14 |
| 2.30 p.m. | Boys (Pit 1) | 14 |

Shot Putt

| | | |
|-----------|-------|------------|
| 10.00 am. | Girls | 12 (2k) |
| 11.15 am. | Boys | 12 (2k) |
| 12.30 pm | Girls | 14 (2k) |
| 01.45 pm. | Boys | 14 (2.72k) |

High Jump

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|------------|---------------|----|
| 10.00 a.m. | Girls (Mat 1) | 17 |
| | Boys (Mat 2) | 17 |
| 11.00 a.m. | Girls (Mat 1) | 18 |
| | Boys (Mat 2) | |
| 12.00 p.m. | Girls (Mat 1) | 16 |
| | Boys (Mat 2) | 16 |
| 1.30 p.m. | Girls (Mat 1) | 19 |
| 2.30 p.m. | Girls (Mat 1) | 15 |

